



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Bubois, Matthias**

Club: ASC Marathon Friedberg

Number: 888

Course: 9.30 km

Kurze Strecke

Category:

Männer M20

Total time: 47:34

Speed: 11.35 km/h

Running performance: 5:07 min/km

Rank in course/Total: 103 (of 244)

Rank in course/Men: 89 (of 171)

Best time in course: 32:46

Rank in category: 11(of 14)

Best time in the category: 32:46