



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Föhr, Eckhard

Club: sc impuls erfurt

Number: 902

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 47:37

Speed: 11.34 km/h

Running performance: 5:07 min/km

Rank in course/Total: 106 (of 244)

Rank in course/Men: 92 (of 171)

Best time in course: 32:46

Rank in category: 5(of 15)

Best time in the category: 39:04