



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Weinberger, Rolf

Club: Goldlauter

Number: 929

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 47:39

Speed: 11.33 km/h

Running performance: 5:07 min/km

Rank in course/Total: 107 (of 244)

Rank in course/Men: 93 (of 171)

Best time in course: 32:46

Rank in category: 8(of 14)

Best time in the category: 35:47