



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Pflügner, Christiane

Club: Arnstadt

Number: 870

Course: 9.30 km

Kurze Strecke

Category:

Frauen W35

Total time: 47:44

Speed: 11.31 km/h

Running performance: 5:08 min/km

Rank in course/Total: 109 (of 244)

Rank in course/Women: 15 (of 73)

Best time in course: 36:58

Rank in category: 2(of 8)

Best time in the category: 47:06