



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Lünser, Christian

Club: Erfurt-Egstedt

Number: 806

Course: 9.30 km

Kurze Strecke

Category:

Männer M20

Total time: 47:47

Speed: 11.30 km/h

Running performance: 5:08 min/km

Rank in course/Total: 110 (of 244)

Rank in course/Men: 95 (of 171)

Best time in course: 32:46

Rank in category: 12(of 14)

Best time in the category: 32:46