



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

John, Mathias

Club: Ilmenau

Number: 884

Course: 9.30 km

Kurze Strecke

Category:

männliche Jugend B

Total time: 48:00

Speed: 11.25 km/h

Running performance: 5:10 min/km

Rank in course/Total: 113 (of 244)

Rank in course/Men: 98 (of 171)

Best time in course: 32:46

Rank in category: 4(of 8)

Best time in the category: 43:00