



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Ulke, Susanne

Club: Fitnessstudio Top in Form

Number: 833

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 48:27

Speed: 11.15 km/h

Running performance: 5:13 min/km

Rank in course/Total: 116 (of 244)

Rank in course/Women: 17 (of 73)

Best time in course: 36:58

Rank in category: 1(of 16)

Best time in the category: 48:27