



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Raab, Katrin

Club: LSV Lok Arnstadt

Number: 749

Course: 9.30 km

Kurze Strecke

Category:

Frauen W20

Total time: 49:02

Speed: 11.01 km/h

Running performance: 5:16 min/km

Rank in course/Total: 119 (of 244)

Rank in course/Women: 20 (of 73)

Best time in course: 36:58

Rank in category: 6(of 18)

Best time in the category: 39:07