



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Günther, Jörg

Club: Sangerhausen

Number: 787

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 49:08

Speed: 11.36 km/h

Running performance: 5:17 min/km

Rank in course/Total: 120 (of 244)

Rank in course/Men: 100 (of 171)

Best time in course: 32:46

Rank in category: 17(of 27)

Best time in the category: 34:04