



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Lange, Max

Club: Neustadt-Orla

Number: 894

Course: 9.30 km

Kurze Strecke

Category:

männliche Jugend B

Total time: 49:24

Speed: 10.93 km/h

Running performance: 5:19 min/km

Rank in course/Total: 123 (of 244)

Rank in course/Men: 102 (of 171)

Best time in course: 32:46

Rank in category: 5(of 8)

Best time in the category: 43:00