



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Fabig, Frank

Club: Erlangen

Number: 934

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 49:56

Speed: 10.81 km/h

Running performance: 5:22 min/km

Rank in course/Total: 128 (of 244)

Rank in course/Men: 105 (of 171)

Best time in course: 32:46

Rank in category: 7(of 15)

Best time in the category: 39:04