



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Noe, Simone

Club: Frauenwald

Number: 873

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 50:05

Speed: 10.78 km/h

Running performance: 5:23 min/km

Rank in course/Total: 129 (of 244)

Rank in course/Women: 24 (of 73)

Best time in course: 36:58

Rank in category: 5(of 16)

Best time in the category: 48:27