



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Brandau, Maik

Club: Neustadt

Number: 847

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 50:12

Speed: 10.76 km/h

Running performance: 5:24 min/km

Rank in course/Total: 131 (of 244)

Rank in course/Men: 107 (of 171)

Best time in course: 32:46

Rank in category: 20(of 27)

Best time in the category: 34:04