



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Schneider, Dr.Jürgen

Club: Schmiedefeld

Number: 821

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 51:32

Speed: 10.48 km/h

Running performance: 5:32 min/km

Rank in course/Total: 146 (of 244)

Rank in course/Men: 116 (of 171)

Best time in course: 32:46

Rank in category: 11(of 14)

Best time in the category: 35:47