



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Müller, Falk**

Club: Berlin  
Number: 809

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M45

Total time: 51:46

Speed: 10.43 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 151 (of 244)

Rank in course/Men: 120 (of 171)

Best time in course: 32:46

Rank in category: 15(of 19)

Best time in the category: 38:36