



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Stephan, Wolfhard**

Club: LG Frauenwald

Number: 872

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 52:06

Speed: 10.36 km/h

Running performance: 5:36 min/km

Rank in course/Total: 155 (of 244)

Rank in course/Men: 122 (of 171)

Best time in course: 32:46

Rank in category: 9(of 15)

Best time in the category: 39:04