



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Mehr, Ralf**

Club: Sportteam-STEINBACH Meiningen

Number: 807

Course: 9.30 km

Kurze Strecke

Category:

Männer M35

Total time: 36:18

Speed: 14.88 km/h

Running performance: 3:54 min/km

Rank in course/Total: 16 (of 244)

Rank in course/Men: 16 (of 171)

Best time in course: 32:46

Rank in category: 3(of 20)

Best time in the category: 35:43