



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Weller, Normen

Club: Nürnberg

Number: 767

Course: 9.30 km

Kurze Strecke

Category:

Männer M30

Total time: 52:15

Speed: 10.33 km/h

Running performance: 5:37 min/km

Rank in course/Total: 159 (of 244)

Rank in course/Men: 126 (of 171)

Best time in course: 32:46

Rank in category: 14(of 17)

Best time in the category: 35:06