



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Buss, Simone

Club: Niederzimmern

Number: 706

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 52:20

Speed: 10.32 km/h

Running performance: 5:38 min/km

Rank in course/Total: 160 (of 244)

Rank in course/Women: 34 (of 73)

Best time in course: 36:58

Rank in category: 7(of 16)

Best time in the category: 48:27