



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Liebergeld, Christin

Club: Karlsruhe

Number: 900

Course: 9.30 km

Kurze Strecke

Category:

Frauen W20

Total time: 53:04

Speed: 10.18 km/h

Running performance: 5:43 min/km

Rank in course/Total: 168 (of 244)

Rank in course/Women: 39 (of 73)

Best time in course: 36:58

Rank in category: 13(of 18)

Best time in the category: 39:07