



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Neidhardt, Nadine

Club: rennsteiglaufverein

Number: 740

Course: 9.30 km

Kurze Strecke

Category:

Frauen W30

Total time: 53:33

Speed: 10.08 km/h

Running performance: 5:46 min/km

Rank in course/Total: 172 (of 244)

Rank in course/Women: 41 (of 73)

Best time in course: 36:58

Rank in category: 4(of 7)

Best time in the category: 47:02