



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Hempel, Eberhard

Club: Suhl

Number: 843

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 54:00

Speed: 10.00 km/h

Running performance: 5:49 min/km

Rank in course/Total: 177 (of 244)

Rank in course/Men: 135 (of 171)

Best time in course: 32:46

Rank in category: 13(of 14)

Best time in the category: 35:47