



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Beer, Jochen

Club: HV Ilmenau 55

Number: 865

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 54:08

Speed: 9.98 km/h

Running performance: 5:49 min/km

Rank in course/Total: 178 (of 244)

Rank in course/Men: 136 (of 171)

Best time in course: 32:46

Rank in category: 23(of 27)

Best time in the category: 34:04