



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Jost, Reiner**

Club: Weimar

Number: 920

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 36:39

Speed: 14.73 km/h

Running performance: 3:56 min/km

Rank in course/Total: 18 (of 244)

Rank in course/Men: 18 (of 171)

Best time in course: 32:46

Rank in category: 3(of 27)

Best time in the category: 34:04