



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Augsburg, Margit

Club: LAC-Rudolstadt

Number: 700

Course: 9.30 km

Kurze Strecke

Category:

Frauen W50

Total time: 54:10

Speed: 9.97 km/h

Running performance: 5:49 min/km

Rank in course/Total: 179 (of 244)

Rank in course/Women: 43 (of 73)

Best time in course: 36:58

Rank in category: 3(of 6)

Best time in the category: 44:41