



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Strunk, Wolfgang

Club: GMRL

Number: 827

Course: 9.30 km

Kurze Strecke

Category:

Männer M60

Total time: 54:28

Speed: 9.91 km/h

Running performance: 5:52 min/km

Rank in course/Total: 181 (of 244)

Rank in course/Men: 138 (of 171)

Best time in course: 32:46

Rank in category: 7(of 9)

Best time in the category: 38:34