



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Bauer, Sebastian

Club: Ilmenau

Number: 921

Course: 9.30 km

Kurze Strecke

Category:

Männer M30

Total time: 54:48

Speed: 9.85 km/h

Running performance: 5:53 min/km

Rank in course/Total: 184 (of 244)

Rank in course/Men: 140 (of 171)

Best time in course: 32:46

Rank in category: 16(of 17)

Best time in the category: 35:06