



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Dr.Hörlein, Georg

Club: Langewiesen

Number: 883

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 54:55

Speed: 9.83 km/h

Running performance: 5:55 min/km

Rank in course/Total: 187 (of 244)

Rank in course/Men: 142 (of 171)

Best time in course: 32:46

Rank in category: 24(of 27)

Best time in the category: 34:04