



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Herling, Tina

Club: Elxleben

Number: 878

Course: 9.30 km

Kurze Strecke

Category:

Frauen W30

Total time: 55:38

Speed: 9.71 km/h

Running performance: 5:59 min/km

Rank in course/Total: 196 (of 244)

Rank in course/Women: 49 (of 73)

Best time in course: 36:58

Rank in category: 5(of 7)

Best time in the category: 47:02