



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Völker, Ekkehard**

Club: Arnstadt

Number: 834

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 55:40

Speed: 9.70 km/h

Running performance: 5:59 min/km

Rank in course/Total: 197 (of 244)

Rank in course/Men: 148 (of 171)

Best time in course: 32:46

Rank in category: 26(of 27)

Best time in the category: 34:04