



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Jahn, Karin

Club: Braun-Weiß Ilmenau

Number: 794

Course: 9.30 km

Kurze Strecke

Category:

Frauen W45

Total time: 55:41

Speed: 9.70 km/h

Running performance: 5:59 min/km

Rank in course/Total: 198 (of 244)

Rank in course/Women: 50 (of 73)

Best time in course: 36:58

Rank in category: 11(of 12)

Best time in the category: 40:34