



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

Hermann, Gido

Club: Allendorf/Lumbda

Number: 907

Course: 9.30 km

Kurze Strecke

Category:

männliche Jugend B

Total time: 56:43

Speed: 9.52 km/h

Running performance: 6:06 min/km

Rank in course/Total: 202 (of 244)

Rank in course/Men: 152 (of 171)

Best time in course: 32:46

Rank in category: 8(of 8)

Best time in the category: 43:00