



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Winkler, Martin

Club: Rennsteiglaufverein

Number: 913

Course: 9.30 km

Kurze Strecke

Category:

Männer M75

Total time: 58:03

Speed: 9.30 km/h

Running performance: 6:14 min/km

Rank in course/Total: 206 (of 244)

Rank in course/Men: 155 (of 171)

Best time in course: 32:46

Rank in category: 3(of 5)

Best time in the category: 56:23