



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Flemming, Mandy

Club: Martinroda

Number: 949

Course: 9.30 km

Kurze Strecke

Category:

Frauen W20

Total time: 59:21

Speed: 9.10 km/h

Running performance: 6:23 min/km

Rank in course/Total: 210 (of 244)

Rank in course/Women: 54 (of 73)

Best time in course: 36:58

Rank in category: 16(of 18)

Best time in the category: 39:07