



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Ludwig, Eckhard

Club: Bad Berka

Number: 736

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 59:23

Speed: 9.09 km/h

Running performance: 6:23 min/km

Rank in course/Total: 211 (of 244)

Rank in course/Men: 157 (of 171)

Best time in course: 32:46

Rank in category: 12(of 15)

Best time in the category: 39:04