



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Gutzmann, Manuela

Club: Forest Grove, OR, USA

Number: 788

Course: 9.30 km

Kurze Strecke

Category:

Frauen W35

Total time: 59:25

Speed: 9.09 km/h

Running performance: 6:23 min/km

Rank in course/Total: 212 (of 244)

Rank in course/Women: 55 (of 73)

Best time in course: 36:58

Rank in category: 6(of 8)

Best time in the category: 47:06