



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Enders, Benjamin**

Club: Dresden

Number: 918

Course: 9.30 km

Kurze Strecke

Category:

Männer M20

Total time: 38:00

Speed: 14.21 km/h

Running performance: 4:05 min/km

Rank in course/Total: 22 (of 244)

Rank in course/Men: 21 (of 171)

Best time in course: 32:46

Rank in category: 7(of 14)

Best time in the category: 32:46