



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Balbierer, Silvia

Club: Ilmenau

Number: 772

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 1:01:57

Speed: 8.72 km/h

Running performance: 6:40 min/km

Rank in course/Total: 223 (of 244)

Rank in course/Women: 61 (of 73)

Best time in course: 36:58

Rank in category: 12(of 16)

Best time in the category: 48:27