



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Höllein, Carola

Club: Steinach

Number: 943

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 1:02:39

Speed: 8.62 km/h

Running performance: 6:44 min/km

Rank in course/Total: 227 (of 244)

Rank in course/Women: 64 (of 73)

Best time in course: 36:58

Rank in category: 14(of 16)

Best time in the category: 48:27