



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Ungelenk, Ellen

Club: Wandersleben

Number: 854

Course: 9.30 km

Kurze Strecke

Category:

Frauen W45

Total time: 1:02:54

Speed: 8.59 km/h

Running performance: 6:46 min/km

Rank in course/Total: 228 (of 244)

Rank in course/Women: 65 (of 73)

Best time in course: 36:58

Rank in category: 12(of 12)

Best time in the category: 40:34