



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Keller, René

Club: VfB Elleben

Number: 861

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 1:03:59

Speed: 8.44 km/h

Running performance: 6:53 min/km

Rank in course/Total: 230 (of 244)

Rank in course/Men: 164 (of 171)

Best time in course: 32:46

Rank in category: 27(of 27)

Best time in the category: 34:04