



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Beck, Henry

Club: SV Werra 07 Hildburghausen

Number: 562

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:07:20

Speed: 16.04 km/h

Running performance: 3:38 min/km

Rank in course/Total: 2 (of 158)

Rank in course/Men: 2 (of 131)

Best time in course: 1:06:39

Rank in category: 1(of 23)

Best time in the category: 1:07:20