



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

Fischer, André

Club: Laufteam Erfurt

Number: 508

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:08:07

Speed: 15.86 km/h

Running performance: 3:41 min/km

Rank in course/Total: 4 (of 158)

Rank in course/Men: 4 (of 131)

Best time in course: 1:06:39

Rank in category: 2(of 23)

Best time in the category: 1:07:20