



## 6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

### Detailed evaluation

**Zöppig, Manuela**

Club: Langewiesen

Number: 886

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 1:09:57

Speed: 7.72 km/h

Running performance: 7:31 min/km

Rank in course/Total: 239 (of 244)

Rank in course/Women: 71 (of 73)

Best time in course: 36:58

Rank in category: 15(of 16)

Best time in the category: 48:27