



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Seckel, Tony

Club: Wandersleben

Number: 666

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:16:04

Speed: 14.20 km/h

Running performance: 4:07 min/km

Rank in course/Total: 18 (of 158)

Rank in course/Men: 17 (of 131)

Best time in course: 1:06:39

Rank in category: 6(of 23)

Best time in the category: 1:07:20