



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Gölitz, Andreas

Club: LAC-Rudolstadt

Number: 515

Course: 18.50 km

Lange Strecke

Category:

Männer M50

Total time: 1:16:22

Speed: 14.14 km/h

Running performance: 4:08 min/km

Rank in course/Total: 19 (of 158)

Rank in course/Men: 18 (of 131)

Best time in course: 1:06:39

Rank in category: 2(of 17)

Best time in the category: 1:13:40