



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Plomitzer, Rainer

Club: SV Bad Berka

Number: 987

Course: 9.30 km

Kurze Strecke

Category:

Männer M65

Total time: 1:16:37

Speed: 7.05 km/h

Running performance: 8:14 min/km

Rank in course/Total: 241 (of 244)

Rank in course/Men: 170 (of 171)

Best time in course: 32:46

Rank in category: 10(of 10)

Best time in the category: 40:43