



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Hofmann, Mario

Club: TSV 1880 Elgersburg

Number: 523

Course: 18.50 km

Lange Strecke

Category:

Männer M40

Total time: 1:17:02

Speed: 14.02 km/h

Running performance: 4:10 min/km

Rank in course/Total: 21 (of 158)

Rank in course/Men: 20 (of 131)

Best time in course: 1:06:39

Rank in category: 3(of 18)

Best time in the category: 1:09:28