



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Jahn, Klaus-Peter

Club: TSV 04 Schwebheim

Number: 578

Course: 18.50 km

Lange Strecke

Category:

Männer M50

Total time: 1:17:41

Speed: 13.90 km/h

Running performance: 4:12 min/km

Rank in course/Total: 23 (of 158)

Rank in course/Men: 22 (of 131)

Best time in course: 1:06:39

Rank in category: 3(of 17)

Best time in the category: 1:13:40