



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Schmidt, Christoph

Club: Gotha

Number: 686

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:20:38

Speed: 13.39 km/h

Running performance: 4:22 min/km

Rank in course/Total: 30 (of 158)

Rank in course/Men: 29 (of 131)

Best time in course: 1:06:39

Rank in category: 9(of 23)

Best time in the category: 1:07:20